



National
Aeronautics and
Space
Administration

New Enterprise to Focus on Biology

Last month, NASA announced a restructuring of the Office of Life and Microgravity Sciences and Applications (OLMSA) to strengthen the Agency's ability to meet challenges brought about by growth in areas such as molecular biology, nanotechnology, information technology, and genomics.

The reorganization is consistent with Administrator Goldin's vision to create an interdisciplinary research program focused on biology, bringing together physics, chemistry, biology, and engineering.

It will build and further strengthen academic community involvement in all of NASA's scientific and technology missions and, in addition, will establish the organization needed to facilitate effective use of International Space Station facilities for targeted scientific and technology research in a microgravity environment.

Under the new plan, OLMSA has been renamed the Office of Biological and Physical Research (BPR) and enhanced to form a separate enterprise focusing on scientific research. For more information, see <ftp://ftp.hq.nasa.gov/pub/pao/pressrel/2000/00-158.txt>

Expedition 1 Launch



Expedition 1 launched from the Cosmodrome in Kazakhstan on October 31 and headed on its way to dock with the International Space Station. For more information, see [page 3](#) and visit spaceflight.nasa.gov

NASA Honors Minority Businesses

NASA named RS Information Systems, Inc. (RSIS) Minority Contractor of the Year; Rigging and Welding Specialists, Inc., Minority Subcontractor of the Year; and Pace and Waite Women Owned Business of the Year.



Administrator Goldin and RSIS President and CEO Rodney Hunt.

The three firms were honored on September 26 at the Agency's annual Minority Business and Advocates Awards Ceremony. During the ceremony, Administrator

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HQ 2000 CFC Drive

The 2000 Headquarters Combined Federal Campaign (CFC) opened on September 27 with a kickoff and awards ceremony that stressed the importance of helping others through pledging to the CFC.

"It All Comes Back to You" is the 2000 CFC slogan; the Headquarters slogan is "It's the Right Thing to Do." The CFC deadline has been extended to November 8 in an effort to meet Headquarters' goal of \$228,000.

The CFC drive will continue through November 8. If you haven't made a pledge yet, please take a moment to look at the catalog of organizations that provide assistance to many worthwhile causes.

For more information, contact Cindy Robinson, 358-1213.

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Headquarters Tightens E-mail Security

In response to an Agency effort to eliminate “spamming” (inappropriate/unauthorized use) of Agency e-mail servers, we are planning to implement a change to the current configuration of the Headquarters e-mail servers. This action complies with “Internet best practices” identified in both the Federal and commercial sectors and responds to a rapidly changing computing environment.

So what does this REALLY mean?

If you currently access your Headquarters e-mail from the office or dial into Headquarters using a SecureID token, you *are not affected*.

Users that access Headquarters e-mail through a commercial Internet Service Provider (ISP), such as AOL or Erols, will still receive e-mail without limitation.



If you want to SEND e-mail using an ISP, you will only be able to send e-mail to another NASA user (anyone with a domain of @xxx.nasa.gov). If you are sending or replying to a mail message that has any address other than the @xxx.nasa.gov, it will not be delivered to ANY of the recipients, regardless of the fact that some of those intended recipients may indeed have a

“.....nasa.gov” e-mail address. In short, any message that contains an e-mail address outside of the nasa.gov domain will not be delivered to anyone on the distribution list. You will be notified that the message is undeliverable.

The table below summarizes e-mail services available to NASA HQ users through both a NASA HQ dial-in account and a local ISP.

E-mail Services available through HQ Servers

Local ISP Access

	Before	After
Check NASA HQ mail	Yes	Yes
Send mail to a NASA user	Yes	Yes
Send mail to other NASA centers	Yes	Yes
Send mail to a non-NASA user	Yes	No

If you do not currently have a NASA HQ dial-in account and SecureID token to conduct NASA Headquarters business remotely, simply complete and submit a NASA Headquarters Automated System Access Request Form (NHQ 224) and request dial in access in Block 15b of this form. This form is available at: www.hq.nasa.gov/office/codec/codeci/help/forms/formnhq.htm

This change is presently planned for late November. As the date approaches, you will be notified via *Heads Up*. In the meantime, if you have any questions regarding this change, please contact the IntelliCenter at 202-358-HELP (4357) or 1-877-706-5507.

NASA Headquarters Honor Awards

NASA Administrator Daniel Goldin and Associate Administrator for Headquarters Operations Chris Christensen presented awards to outstanding Headquarters employees during the 27th Annual Headquarters Honor Awards Ceremony on October 18. The awards recognized employees and groups who have made outstanding contributions to NASA Headquarters in 2000. This year’s honorees are:

Cooperative External Achievement Award

Stephen C. Davison
John D. Kelley
Michael J. Wargo

Creative Management Award

Angela Phillips Diaz
Paulette C. Quinn
Mark L. Uhran

Exceptional Performance Award

Edward F. Brimberg
Marguerite B. Broadwell
DeVon Carroll
Susan C. Fenn
William C. Hill
Carolyn L. Johnson
Shari L. Kamm
Douglas J. Koupash
Lynne S. Loewy
Sherry L. McAllister
Jonathan B. Mullin
Jane H. Odom
Charles R. Redmond, III
Jesco H. von Puttkamer
HQ ISO 90001 Implementation Team
Human Space Flight & Research Division Team
ISEM/ODIN Fair Consideration Teams
Multimedia Team

Space Ship Earth

John F. Hall
Las Campanas Observatory Team

Special Service Award

Daniel Harris
Vladimir Herrera
Chris Gamble
Eric M. Jones
Dave H. Lambertson
Glenn Prescott
HQ Library Staff
HQ Penetration Team
HQ Year 2000 (Y2K) Team
TRW ISO 9001 Support Team

Expedition 1 Launch Begins a New Era

The launch of the International Space Station's first resident crew atop a Soyuz rocket on October 31 at 2:53 a.m. EST, from Baikonur Cosmodrome, Kazakhstan ushered in a new era in space history. If all goes well on this and future missions, October 30, 2000, will be the last day on which there were no human beings in space.

Editor's note: As we go to press on November 1, the Expedition 1 crew is scheduled to dock with the station on November 2 at 4:24 a.m. EST and approximately 90 minutes later to open the hatch to the station's Zvezda Service Module and begin the permanent human presence on the station.

U.S. Astronaut Bill Shepherd, a veteran of three shuttle missions, is commander of the three-person Expedition 1 crew. He is accompanied by Russian cosmonauts Yuri Gidzenko, commander of the Soyuz, and flight engineer Sergei Krikalev. The Expedition 1 crew is the first of several crews that will live aboard the space station for periods of about 4 months.

Once aboard the station, the crew will help with assembly tasks as new elements, including the U.S. Laboratory, are added to the orbiting outpost. They will also conduct early science experiments.

The International Space Station is the most ambitious engineering project in world history. The program involves 16 partner countries, including the U.S., Russia, Japan, the 11 members of the European Space Agency, and Brazil, who have joined together to build the most capable space laboratory ever constructed. The facility is scheduled for completion in 2006.



The Expedition 1 crew (l to r): Russian Cosmonauts Sergei Krikalev and Yuri Gidzenko; and U.S. Astronaut Bill Shepherd.

NACA Reunion at Dryden



Nearly 200 former employees of the National Advisory Committee for Aeronautics (NACA), NASA's predecessor agency, attended the NACA Reunion, hosted by the Dryden Flight Research Center. - NASA Photo by Tom Tschida, DFRC.

To read *The Dryden X-Press* article on the NACA Reunion, see www.dfrc.nasa.gov/PAO/X-Press/2000/Oct27/frontfull0.html

STS-92 Returns From ISS

On October 24, the Space Shuttle Discovery glided to a textbook landing at Edwards Air Force Base in California, completing a successful mission to the International Space Station (ISS). The crew spent more than 2 extra days in space because of unfavorable weather at Kennedy Space Center and at Edwards.

After a journey of more than 5.3 million statute miles, Discovery touched down at 5 p.m. EDT on Edwards' concrete runway, for a mission elapsed time of 12 days, 21 hours and 43 minutes.

During STS-92, Commander Brian Duffy, Pilot Pam Melroy and Mission Specialists Leroy Chiao, Bill McArthur, Jeff Wisoff, Mike Lopez-Alegria, and NASDA Astronaut Koichi Wakata spent 6 days, 21 hours and 23 minutes docked to the ISS. They left a larger and more complete station that they had helped prepare for the arrival of the first station crew. They added two major components, increasing the mass of the ISS by about 10 tons to a total of about 80 tons.

In addition to the total of 27 hours, 19 minutes spent outside the station on the four spacewalks — two each by Chiao, McArthur, Wisoff and Lopez-Alegria — the astronauts spent 27 hours and 4 minutes inside, completing connections with the new elements and transferring equipment and supplies for the Expedition 1 crew.



Dryden Director Kevin Petersen and Deputy Director Wally Sawyer pose with the STS-92 crew after Discovery landed at Edwards Air Force Base.

For information on the Space Shuttle and International Space Station, see spaceflight.nasa.gov

Women In Aerospace Honors NASA Employees

Three NASA employees were cited for their outstanding achievements during the Women in Aerospace (WIA) 15th Annual Awards Ceremony on September 26 at the Russell Senate Office Building in Washington, DC.

Kathryn Clark, Ph.D., Chief Scientist, Human Exploration and Development of Space Enterprise, was awarded WIA's Outstanding International Award. Dr. Clark, who is on leave from the University of Michigan Medical School, previously served as the Space Station Senior Scientist, Office of Space Flight. In this position, she worked with the national and international research communities and served as the advocate for research on the NASA Advisory Committees and Congressional Subcommittees responsible for oversight of the International Space Station (ISS) and related programs. In 2 years, she has given over 70 speeches and briefings — many to groups of women and girls.

Joan Vernikos, Ph.D., who recently retired as Director, Life Sciences Division, OLMSA, after 33 years with NASA, received the Lifetime Achievement Award. Vernikos was recognized for her career investigating the effects of spaceflight on the human body. Early in her career, Vernikos received NASA's Exceptional Scientific Achievement medal for work describing the physiological cost of the stress response through studying the mechanisms responsible for changes in the control of blood pressure regulation that occur in spaceflight. As Director of the Life Sciences program, she directed biology research which used microgravity as a tool in understanding the role of gravity in biological processes, leading to better care and support of humans living and working in space. Vernikos also pioneered innovative educational outreach, including programs for women and girls. Trilingual, she forged close ties with the international scientific community involved in the ISS.

Arlene S. Levine, Ph.D., Outreach Program Manager, Langley Research Center, was awarded the Aerospace Educator Award. Dr. Levine was cited for her outstanding contributions to aerospace and to the role of women in aerospace. Her work has increased public awareness and understanding of the role of aerospace systems and scientific research in the international enterprise of Earth system measurements and science. Her work with the training curriculum for the Girl Scouts USA serves to stimulate and inspire the next generation of women in aerospace, specifically in the under-represented field of Earth Science.



Kathryn Clark, Ph.D.,
Chief Scientist, Human
Exploration and
Development of Space
Enterprise.



Joan Vernikos, Ph.D.,
former Director, Life
Sciences Division, Office
of Life & Microgravity
Sciences & Applications
(OLMSA).



Arlene S. Levine, Ph.D.,
Outreach Program
Manager, Langley
Research Center.

Jacobs Named News Chief



Bob Jacobs, an award-winning broadcast journalist, has been named Chief of News and Information at NASA Headquarters.

Before joining NASA, Jacobs served the past 4 years as Projects Manager for the Washington-based

Broadcast Technology division of The Associated Press. While at AP, Jacobs helped develop and implement newsroom management technology for a number of major broadcasters, including the British Broadcasting Corporation (BBC), ESPN, National Public Radio (NPR), and CBS News.

In 1991, Jacobs was hired as Executive Producer for The New York Times-owned television station in Memphis, Tennessee. He later became Director of News Operations and was eventually named News Director. Jacobs has also worked as a producer and reporter for television news operations in Tampa, Florida; Louisville, Kentucky; and in his hometown of Nashville, Tennessee.

Jacobs is an Emmy award-winning producer and has won other regional honors for excellence in journalism.

Obituary

Floyd F. Young

Floyd F. Young, 76, a retired NASA manager, died September 17 at Loudoun Hospital Center.

A member of the Class of 1948 at the U.S. Naval Academy, Young served in the Navy for 11 years. He then held engineering positions in the Washington, DC, area with Westinghouse Electric and Foster Wheeler. During the 1970's, he worked for the Department of Transportation where he served as special assistant to the Secretary of Transportation. In 1985, he retired from NASA Headquarters, where he served a special assistant to the Director, Customer Services Division, Office of Space Flight.

Young, a resident of Leesburg, Virginia, is survived by his five children, five grandchildren, and his three brothers.

Memorial contributions may be made to the Memorial Fund of the Leesburg United Methodist Church, 107 W. Market Street, Leesburg, VA, 20176 or the Naval Academy Foundation Class of 48 Project, c/o Naval Academy Alumni Association, 247 King George Street, Annapolis, MD 21402.

Congratulations to the HQ SFA Honorees

The Space Flight Awareness Program honored nine HQ employees for their outstanding work in support of the space program during activities at Kennedy Space Center leading up to the STS-92 launch on October 11.



Kevin Durham, Publications and Office Manager for Oklahoma State University, manages the Washington, DC, office of Oklahoma State University's contract for the administration of NASA's Aerospace Education Services Program and the Teaching Space Program.



Sheryl Goddard, Procurement Analyst, Office of Procurement, as Integrated Financial Management Program (IFMP) Procurement Process Team Leader, worked to combine 11 disparate entities, which handle finances, procurement, and personnel, into an Agency system using one platform.



Terri Gonzalez, Secretary, Congressional Inquiries Division, Office of Legislative Affairs, also serves as the guest operations coordinator for Shuttle launch car passes, VIP passes, and matters related to requests from Members of Congress and their constituents to attend Shuttle launches.



Rick Kadunc, Program Executive for Technology Applications Engineering, coordinates the OSS Advanced Technology and Mission Studies Division technology development payloads and experiments for shuttle flight assignment as a Flight Assignment Working Group member.



Darwina Marks, Systems Accountant, Financial Management Division, Office of the Chief Financial Officer, is the Agency expert and focal point responsible for complex policy and system issues which impact not only NASA and its employees, but its contractors and other agencies.



Margaret Roberts, Attorney Advisor and Senior Policy Analyst, Office of the General Counsel, is responsible for providing legal advice on Agency Programs which include space transportation, Earth remote sensing, microgravity sciences, and aeronautics.



Kathy Shaeffer, Secretary, Office of the Administrator, performs administrative functions for the Associate Deputy Administrator in an efficient and professional manner that is critical to the overall successful performance of the Office of the Administrator.



Beverly Smith, Program Support Specialist, Analysis Division, Office of Procurement, is responsible for the collection and dissemination of NASA procurement data used by the White House, Congress, the NASA Administrator, Senior NASA Management, and many others.



Karen White, Program Analyst, Business Division, Office of Earth Science, is responsible for the budget formulation, advocacy and execution of the Earth Science Enterprises largest cadre of flight missions that are conducted throughout the Agency at several field centers.

Call for SFA Nominations

The Space Flight Awareness (SFA) Program invites HQ employees to nominate employees in their organizations for these awards:

- STS-102 Honoree Event. Nominations due November 24.
- SFA Program Awards: the Silver Snoopy Award, Flight Safety Award, SFA Team Award, Leadership Award, and Supplier Award. Nominations due November 31.

Submit all nominations to Joyce Johnson, MRP/Chairperson, SFA Council. For information on awards and to request nomination forms, contact Joyce Johnson, 358-2542 or e-mail joyce.johnson@hq.nasa.gov

HQ Physician Receives SFA Flight Safety Award



(l to r) Fred Gregory, Associate Administrator for Safety and Mission Assurance, presents the SFA Flight Safety Award to Richard Williams, Deputy Chief Health and Medical Officer.

Richard S. Williams, M.D., Deputy Chief Health and Medical Officer (formerly, Director, Office of Health Affairs, Office of Life and Microgravity Sciences and Applications) received the Space Flight Awareness Program's Flight Safety Award.

Williams is responsible for recommending policy for delivery of health care to NASA employees, from Center personnel to astronauts. The award recognized him for initiating the process of having NASA medical facilities prepare for and achieve formal medical accreditation through the Joint Commission Resources and comply with international standards for medical care.



Taking Control of the Demands at Work

Evelin Saxinger, Work/Life Program Manager

In these days of a shortage of people to fill jobs, many workers are carrying a heavier workload than they used to and feeling overwhelmed by the responsibilities of life. The greater the feeling of being overwhelmed, the less easily we are able to deal with the problem. All too frequently we get into such a state of mind that we are convinced that nothing will help. At this point, STOP, TAKE A DEEP BREATH and try some of the following tips. You may not immediately be able to change your situation, but how you think about it and how you deal with it will either decrease or increase your level of stress.



- Avoid adopting a role of helplessness. Once you get into being a victim, it's difficult to keep a positive outlook. When you feel yourself getting upset, ask "Is this worth getting worked up over?" "How much time and energy am I willing to invest in worrying about this situation?" Reviewing the scenario will give you the power to modify your reaction.
- Let go of control issues. How much of the pressure you are feeling is coming from an outside source and how much is actually coming from you? Take a serious look at yourself about what/whom you are trying to control. Determine whether it's possible or even useful to do so. Trying to control or change someone else's attitude/behavior/feelings is usually futile. Look at what you can change/control/accept in yourself.
- Live in the present. Don't get caught in the trap of thinking about all the other things that will need doing when you finish the current task. Which tasks are the essential ones? In most work situations it is the result that must be achieved, not the process. The process can often be shortened without damage to the result.
- Be non-judgmental. Let go of being critical of others. Try instead to listen and understand. As you open yourself up to not judging others, you will be able to accept yourself and others more.
- Let go of things that don't matter. Apply the WIM test: Will It Matter in 24 seconds, 24 minutes or 24 hours? Don't waste energy on being irritated and annoyed at things that really don't matter.
- Create some space by delegating. Decide if there is something that can be delegated or perhaps belongs more fairly in someone else's workload. Discuss with others how the workload may be more evenly distributed. Come up with some suggested solutions.
- Take breaks. A few minutes away from the work situation will do far more to clear your head and your attitude than continuing to work and being bothered and irritated. Lunch breaks exist so that we may take a mental break in addition to eating. Stand up and stretch at least once very hour. Turn your head from side to side and take some deep breaths. SMILE! Put something in your office to remind you of pleasant things and to take you out of your frantic mind-set. Read something or listen to music that inspires you and brings you a sense of peace.
- When you leave work, leave your work behind. Don't let work problems take up space in your head during times when you're not supposed to be working. Some people find it helps to develop a mental ritual, a metaphorical shaking of the dust from one's feet

between leaving work and arriving home. For example, you might want to mentally say goodbye to the office as you drive past a particular landmark on the way home and then not think about work issues until you drive back by that same landmark the next morning.

- When stress and work pile up, take a mini-vacation. Close the door (or go to the restroom or outside) but go where you are alone, close your eyes and imagine a tropical island or your favorite spot in the mountains or elsewhere. Breathe in slowly, imagine the sights, hear the sounds, smell the fragrances, feel the textures of the image and RELAX.
- Identify one small step/initiative which you can manage that will make a small change. Then build on that. Take action to eliminate what bothers you. You may be putting up with more things than you realized. Paying attention to what you are tolerating is the first step to eliminating it. "Tolerations" infect your attitude.
- If you find that you can't make enough changes to your situation to relieve the stress and you continue to feel trapped, remind yourself that you chose this job and why. Is the job now different than what it was when you were hired. Do you still choose it? If not, start updating your resume. If you choose to stay, remember that you are there by choice, which must mean that in some way the positives still outweigh the negatives. Try to focus on the positives.
- Have fun and enjoy humor. Take delight in life and create fun experiences for yourself. Don't make life be too "heavy!"

Laugh for the Health of It

The holiday season is typically a time of stress. What can you do about it? Learn some strategies from Angela Pittman of the EAP office during a seminar on November 16, 11:30 a.m.-1 p.m., Rm. 4D33.

Then, laugh your cares away with Allie Bowling, a very funny lady with a down-to-earth comedy style. Allie has presented humor seminars to numerous public and private sector organizations in the metropolitan area for a number of years. She has played to enthusiastic crowds in the Omni Shoreham Hotel, the Comedy Cafe, and Alexandria's Laughing Lizard Lounge, among others.

To register for this fun event, call Evelin Saxinger, 358-1311, or send an e-mail to esaxinge@hq.nasa.gov

Time & Space

by Jane Odom

Thirty-five years ago in 1965

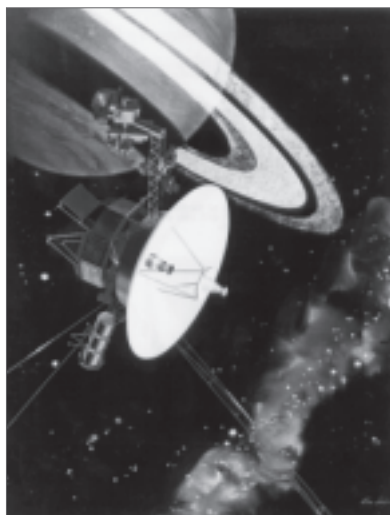
November 10- The Explorer XXIII meteoroid-detection satellite successfully completed its one-year expected lifetime. The 295-pound satellite was launched on November 6, 1964, from Wallops Station to measure the rate of meteoroid punctures between 300 miles and 600 miles above Earth. By September 30, 1970, the satellite had measured 122 punctures.

Thirty years ago in 1970

November 17- The Boeing Company delivered to MSFC representatives, a lunar roving vehicle training model. The two-man trainer was 10.5 feet long and 6 feet wide with a 7.5 foot wheel-base. It looked like the flight version scheduled for use on Apollo 15, 16, and 17 missions but weighed twice as much. The extra weight came from the additional strength in the frame, wheels, drive motors, and suspension system, which permitted it to carry 800 pounds, including two men, equipment, and samples. It came equipped with both automobile-type and wire mesh tires. The battery-operated trainer could be driven with an aircraft-like stick hand controller and could stop, turn, and move forward or in reverse. Maximum speed: 9 mph on a smooth surface.

Twenty years ago in 1980

November 12- Voyager I came within 77,000 miles of Saturn for man's closest look at the surface of the ringed planet and its moons. It took the Voyager spacecraft 38 months to travel the 1.3 billion-mile distance between Earth and Saturn.



'Minority Businesses' continued from page 1



Goldin with Pace & Waite
President and CEO Jane Waite.

Daniel Goldin delivered a "State of Small Business at NASA Address" and presented the awards.

NASA also recognized outstanding advocates for their contributions and innovative approaches to utilizing minority and women owned businesses. Ken Martindale, JSC, (Small Business); Rodney J. Etchberger, JSC (Procurement); and Dr. Shantaram S. Pai, GRC (Technical), will receive NASA's Exceptional Achievement Medal. In addition, five Special Recognition Awards were

conferred on individuals for specific outstanding accomplishments: Harry Lectora, President of Caribbean Pictometry, San Juan, Puerto Rico; Yong Kim, President of UTA, Inc., Arlington, Virginia; Dr. Edward Stone, Director, JPL; Bowie State University, Bowie, Maryland; and Frontier Electronic Systems Corporation, Stillwater, Oklahoma.

Finally, JPL, MSFC, and Stennis Space Center were recognized for meeting or exceeding all of their socioeconomic business goals for FY 1999.



Goldin with Rigging and
Welding Specialists, Inc.
President and CEO Charles
Fayle.

2000 Presidential Rank Awards

Each year, the honor of Presidential Rank is bestowed upon a small number of career SES members who have a record of exceptional performance that is recognized throughout the Agency and/or acknowledged on a national or international level.

NASA is proud to announce this year's 27 Presidential Rank recipients. There are two categories of Rank awards. Distinguished Rank recognizes sustained extraordinary accomplishments, and Meritorious Rank recognizes sustained accomplishments. Nominations are made at the Agency level and go through rigorous review and approval by OPM and by the President.

For Distinguished Rank

Carolyn S. Griner, MSFC
W. Brian Keegan, HQ-A
Brock R. Stone, JSC

For Meritorious Rank

George W. S. Abbey, JSC
Gerald J. Barna, GRC
Bobby G. Bruckner, KSC
Frank J. Cepollina, GSFC
J. Larry Crawford, DFRC
Jeremiah F. Creedon, LaRC
Robert E. Fails, GRC
Orlando Figueroa, HQ-A
Lee B. Holcomb, HQ-A
James W. Kennedy, MSFC
Michael J. Ladomirak, GSFC
Garry M. Lyles, MSFC

Leslie B. Mix, SSC
Robert J. Naughton, JSC
Franklin Conway Owens, HQ-F
Dorothy C. Perkins, GSFC
Robert Rosen, ARC
Axel Roth, MSFC
Joseph H. Rothenberg, HQ-M
John D. Schumacher, HQ-I
Christopher J. Scolese, GSFC
Robert E. Spearing, HQ-M
Ralph C. Thomas III, HQ-K
Michael G. Winchell, JSC

HQ Classifieds

For Sale

Car, 1983 Mazda RX-7 GSL. 115,000 miles. \$1,500 or best offer. 703-426-8119.

Diamond Ring, Half ct, gold marquise (pointed oval shape) engagement/wedding set, size 6-1/2. \$800 obo. 301/568-2195.

Notices

Thank You

I want to express my sincere thanks to Bettie White of the Equal Opportunity Office. She has deepened my faith in the values of the NASA family by finding and returning the valuable bracelet which I lost in the garage. You are an answer to prayer. Thank You, Thank You, Thank You. — Chris Gibson

Thank You

A huge thanks to all my "NASA friends" at Headquarters and the NASA Centers for the support provided to me during my recent surgery. I sincerely appreciate the generous donations of leave, the telephone calls, and the thoughtful cards/flowers that I received while I was recuperating. It was so nice to see how many people truly cared.

— Dolores McClung

In Appreciation

I would like to take this opportunity to thank all of my friends at NASA for their support during this very difficult time for me. I lost my father, Oscar J. Clavelli, on September 18, 2000. He will be greatly missed. But through

your kind words and cards, it has been made easier. Thank you again. - Donna Clavelli

Entertainment '01 Books on Sale

The Entertainment 2001 Books are available and full of new and exciting offers — including many new restaurants such as Biscotti, Sir Walter Raleigh, West End Cafe, 11187 Bistro, and Tiziano Italian Restaurant. The book at \$35 is still an excellent value. Use your book at restaurants, car washes, shows, sports events, for discounted airline tickets or hotel accommodations and get a full return on your investment. It's also a great gift idea. Fundraising sales benefit the Southern MD Chapter of Federally Employed Women. Both DC/Virginia and DC/Maryland books are available. Other cities can be ordered. For details, contact Vicki Thorne, 358-2339.

NASA Ski Week X at Snowmass-Aspen
Join the Goddard Ski Club and friends from the NASA Centers for the 10th annual NASA Ski Week at Snowmass-Aspen, January 20-27, 2001. For \$1,300, the package includes:

roundtrip air and bus transfers; 7 nights at ski-in/out Wildwood Lodge; a 5-day lift ticket (Snowmass/Aspen/Aspen Highlands/Buttermilk); Welcome Party; Farewell Banquet; and On Mountain BBQ. Special rates are available for seniors, children, and non-skiers. For details, see www.GoddardSkiClub.com and contact GSFC Ski Club Trip Leader Kim Cook kcook@averstar.com, or call (703) 842-4242, or (703) 644-3069.

Exchange Council News

Clothing Drive - November 14

Clean out your closets and donate your good, professional clothing to the Jubilee Jobs Clothing Drive on November 14, 7-10 a.m., in Rm. 4S15. Clothing collected will be donated to an organization that helps outfit homeless people so that they can get and keep jobs. Everything is needed from shoes to coats, especially in men's attire. For details, contact Debbie Randall, 358-1173.

Pecan Sale and Bake-off

Fresh pecans will go on sale November 16, 10 a.m.-2 p.m., in the west lobby. Prices for 1-pound bags are: \$6.50 for regular halves; \$8 for chocolate-covered. At the sale, "Pecan Recipe" books will be available. If you're a baking enthusiast, enter the "Pecan Bake-off" to win a bag of pecans. Contest participants must register their entries by November 9 by contacting Diane Johnson. Baked goods should be delivered to the west lobby between 8 and 9 a.m. on November 16. For details, contact Diane Johnson, 358-2353.

Shop for the Holidays and Help Fidos for Freedom

Purchase tickets for a "Special Night of Holiday Shopping," on Sunday, November 19, 6:30-9:30 p.m., and shop without the usual crowds at these Westfield Malls — Montgomery Mall, Wheaton Plaza, and Annapolis Mall. The \$5 ticket includes free gift wrap and free photos with Santa. Ticket proceeds will go to Fidos For Freedom, the local service dog organization. For tickets, contact Susie Marucci, 358-1896.

Book Fairs - November 29-30 and December 12-13

Shopping for holiday gifts? Check out the selections at two pre-holiday book fairs. On November 29 and 30, DK Books will offer educational books, CD ROM's and videos for adults and children. On December 12 and 13, Books Are Fun representatives will have books and gift items on sale. Stop by and choose from best sellers; sports, reference, gardening books; cookbooks; and educational books and other items — all at prices 30-70 percent lower than retail. Both book fairs will be held from 10 a.m.-2 p.m. in the west lobby. For details, contact Lenore McGraw, 358-1444.



HQ Bulletin Submission Deadline

Articles must be submitted by close of business Tuesday, November 14 to be considered for the December 4 edition of the *HQ Bulletin*. For the publication schedule, see www.hq.nasa.gov/hq/bulsched.htm

HQ Bulletin

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Send articles, ads, questions, or suggestions to InfoCom, e-mail: infocom@hq.nasa.gov; fax number: 358-3025; and mail code: CI-3.

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